## To be considered for TLC you must:

- Talk to your doctor, nurse, or social worker while you are in the hospital.
- 2. Request a referral to the TLC program.
- 3. If you qualify, the TLC Nurse Practitioner will visit with you during your hospital stay.

### How do I contact TLC?

Call Program Assistant
(919) 286-0411 ext. 2671
Toll-free:
(888) 868-6890 ext. 2671



Durham VA Medical Center
TLC Program
508 Fulton Street (182)
Durham, NC 27705

Phone: (919)286-0411 ext 2671

Toll-free: (888) 868-6890 ext 2671

Fax: (919) 286-6823

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# TransitionaL Care Partners Program

(TLC)

Helping older Veterans and their caregivers through discharge from hospital to home.

#### Who does TLC serve?

#### Veterans who are:

- Going home from the VA hospital
- 60 years of age or older
- Live within 35 miles of the Durham VA Medical Center
- Can benefit from a TLC
   Nurse Practitioner,
   Occupational Therapist and
   Social Worker coming to
   your home

## How does TLC work with me at home?

- Provide direct access to a healthcare team for 30 days after discharge
- Help you manage and understand your medications
- Help your loved one learn to care for you safely and more easily
- Communicate with your VA healthcare providers
- Help you to follow your discharge plan at home
- Facilitate independent living and prevent unnecessary return to the hospital

#### **TLC does not provide**

- Personal care
- Housekeeping
- Meals
- Full time or daily nursing care
- Personal comfort items
- Hospice
- Physical Therapy
- Services provided by a home health agency